

Newsletter



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The Hammersmith Surgery

Update on the future of Charing Cross

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Half of Charing Cross Hospital 'could be sold' Charing Cross Hospital Inpatient beds at Charing Cross Hospital could be cut from 360 to 24.

More than half of Charing Cross Hospital could be sold if plans to overhaul health services in north-west London are approved.

Under the proposals, 55% of the site would be sold and units including; A&E, neurosurgery, stroke and urology would "move out" of the hospital.

The Western Eye Hospital and 45% of St Mary's could also be sold.

Imperial Healthcare Trust said: "There is no proposal to close our A&E at Charing

Cross Hospital."

"We are awaiting further guidance from NHS England to guide the development of emergency services appropriate for a local hospital," a spokeswoman for the trust said.

Under the plans, the current Charing Cross Hospital building would be replaced with a £150m development and new, purpose-built facilities would also be built at St Mary's.

There will be a 24-hour urgent care centre at Charing Cross but the number of inpatient beds would fall from 360 to 24.



Shingles, Flu and Whooping Cough Vaccines

Patients who are aged 70,78 and 79 are eligible to have the shingles vaccination. Please speak to a member of the Nursing team for further advice or book an appointment to discuss.

Flu vaccines

Available from the 1st week of October, Flu Vaccinations are available for patients who

are; aged over 65, pregnant women, patients with a chronic disease, patients who are immunosuppressed due to disease or treatment & children aged 2, 3 and 4. Please speak to a member of the reception team to book an appointment.

Pertussis (Whooping cough)

Pregnant women who are between 28 – 38 weeks inclusive are eligible to have the vaccine. Women beyond week 38 of pregnancy can still have the vaccine up until the onset of labour. Please speak to a member of the reception team to book an appointment

Bowel Cancer Screening Programme

- Over 60? Did you know that bowel cancer is the third most common cancer in the UK/ROI?
- If you are aged 60 -69, and registered with a GP, you will be automatically be sent a free kit to help detect bowel cancer early.
- If you are 70 or over you can telephone 0800 707 6060 to request your free kit.

Health Checks

NHS Health Checks are available to patients

"NHS CHECKS ARE AVAILABLE TO PATIENTS BETWEEN THE AGES OF 40 – 74 NOT CURRENTLY ON A DISEASE REGISTER"

between the ages of 40 – 74 not currently on a disease register and have

not had an NHS Health check in the last 5 years. Please speak to a member of the reception team to book an appointment.

Staff Update

The surgery welcomes 3 new members of staff.

Amanze Nkwopara & Agnieszka Glab joins the reception team
Gillian Williams joins us as Community Matron to support our existing practice nurses.

The surgery also loses 1 of its GPs, Dr Louise Cavanagh leaves the practice after 10 years on the 18th July. The practice is currently seeking a

replacement until the vacancy is filled. We are delighted to welcome 3 locums, Dr Farley, Dr Bradley and Dr Lee to our team.



Stop Smoking Services

Clinic Times:- Mondays 16.00—
18.00

Thursdays 08.30 – 12.00

The surgery's in-house stop smoking advisor (Trish) can provide you with a combination of advice and support to help you to stop smoking. The service is free and you are 4 times more likely to quit successfully.



Top Health Tips for Children

As a surgery, we are always looking at different ways to help our patients, especially the little ones. So here are a few tips, found on a useful article from the Sunday Mirror.

Test your eyes: Just one in four children takes advantage of the free NHS eye test offered to all under-16s, according to the latest government figures. However less-than-perfect vision could effect school performance. A full examination can

pick up other health problems, such as brain tumours. All children should have an eye check before starting primary school, then annually.

Fire up Immunity: Come September, colds, flu and stomach upsets can spread through schools faster than rumours. Multivitamin Gummy Bears or Kids Multivitamin Effervescent will do the job. Four in five infectious diseases, such as stom-

ach bugs, are spread by hands.

“So teach your child to wash their hands after the loo, before eating and when coming home,” says Dr Brewer. Give them a hand sanitiser, such as Anti Viral Hand Foam.

Repeat Prescriptions

As most of you know, we have a repeat prescription policy where we issue all prescriptions that are on your repeat prescription in 2 working days.

Recently requests have come through where the medication requested was not on the repeat list. While we still can ask

the doctor to issue these items, this can make the process longer and therefore delay your prescription.

We ask that you please be vigilant at checking your review date on your repeat prescription list as any prescriptions issued after this date will also

require a doctor's intervention to issue.

We don't want to lose you –Your help is required

NHS North West London continues to operate a "List Cleansing" exercise in Hammersmith & Ful-



ham. The object is to ensure that the patients registered at GP practices really are registered and have not moved away.

You may

receive a letter from the NHS North West London asking you to confirm your address and that you are still registered with us. If you have not contact us within the last fifteen months you will almost certainly receive such a letter.

Please ensure you respond to the letter. Failure to do this will result in you being sent a further two reminders. You may then be removed from the surgery list.

Similarly, please respond to any other letters you may receive such as those relating to

screening reminders.

Re-Registration takes time and effort and is irritating for you and for us.

Also, if you change your address or telephone/mobile number please inform us as soon as possible

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The doctors and staff at Hammersmith Surgery in West London are proud to offer the highest standard of patient-centred healthcare.

We run many clinics for the management of chronic diseases such as; asthma and diabetes and offer a wide variety of other medical services including; antenatal and postnatal care, minor surgery, childhood vaccinations and well-person check-ups.

We also want you to feel a part of this newsletter; as this is your newsletter as much as it is ours. Your comments and suggestions for how we can improve it is most welcome.

I hope you have enjoyed reading this newsletter. No.2 will be available in November